**THE BRIDGES PARTNERSHIP**

**41-46 CAVENDISH MILL, BANK STREET, ASHTON UNDER LYNE OL6 7DN**

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **9am – 12pm** Citizens Advice Drop in.  **9.30am – 12pm** Daisy Chain (requires referral)  **11am – 12pm** LAVA – Life After Violence & Abuse (rolling course)  **12.30pm – 1.30pm** Craft for calm (rolling course)  Counselling (appointments available am and pm)  (requires referral) | **9.30am – 11.30am** Coffee Morning  **1pm – 3pm** VR Flourish  **CGL** appointments available (pm)  Counselling (appointments available am and pm)  (requires referral) | **10am – 12pm** Blossom – Parenting support  **1pm – 2pm** PINK – self-esteem & confidence  **9-5 CGL** drop in  **3.30pm – 5pm** CHIDVA program  Counselling (appointments available am and pm)  (requires referral) | **10am – 12pm** VOICE (Victims of Intimate Coercive Experience)  **10-12 –** Support to succeed course (Must register with S2S)  **12.30pm** Bromley’s Solicitors drop in (2ND Thursday of every month)  **12:30-2:30** R.A.M.P (Reduction and Motivation Program) (rolling course)  **3.30pm – 5pm** CHIDVA program  Counselling (appointments available am and pm)  (requires referral) | **9.30am – 11.30am** Tea & Toast  **10am – 12pm** VOICE  (Victims of Intimate Coercive Experience)  **1pm – 2pm** Mending Mindsets  **CGL** appointments available (am & pm)  Counselling (appointments available am and pm) (requires referral) |

**At our Women’s Centre we have a variety of courses, groups and drops in’s to support women with needs around:**

**Domestic Abuse / Substance Misuse / Parenting / Wellbeing / Finances / Employability / Anger management**

**Our coffee morning is ‘drop in’ (booking not required). All other sessions are pre-booking only. To join a group please drop into our coffee morning/call us on 0161 331 2552/email:** [**bridges@jigsawhomes.org.uk**](mailto:bridges@jigsawhomes.org.uk)